



Navi Mumbai Obstetric & Gynecological Society
In Association with
Apollo Hospitals, Navi Mumbai
Presents



IMPACT CME

समरसता

THE ESSENCE OF
WORK LIFE INTEGRATION



DATE:

6th April, 2025



TIME:

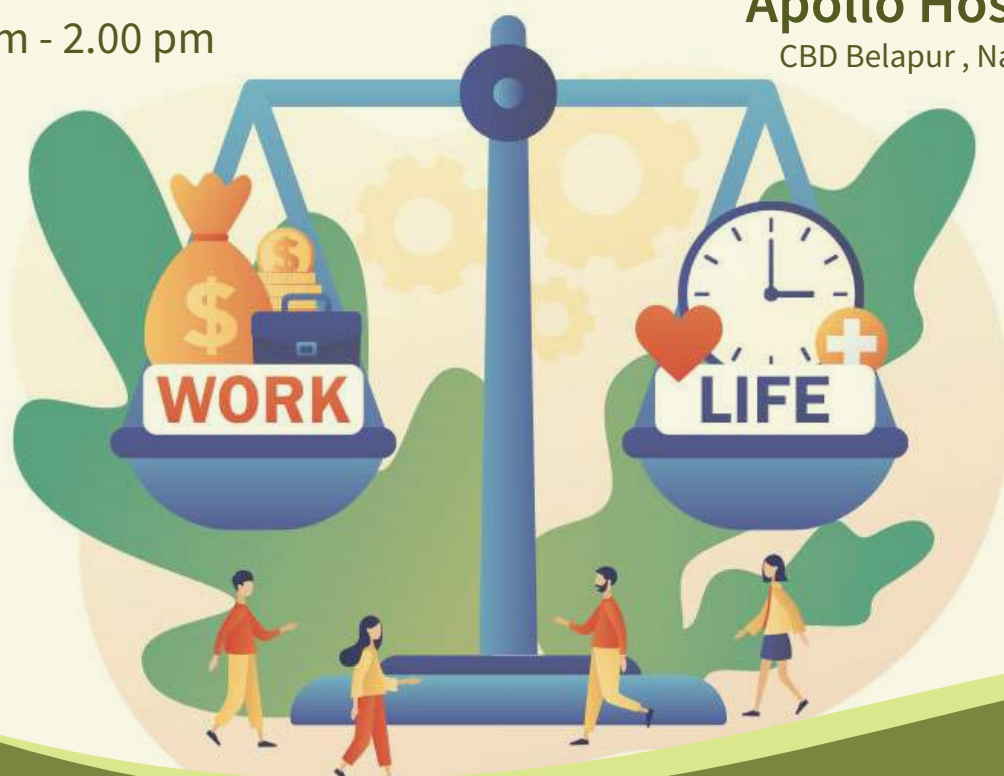
9.00 am - 2.00 pm

LOCATION:

Basement Auditorium,

Apollo Hospitals,

CBD Belapur, Navi Mumbai.



*MMC and ICOG points applied for

**Registration free but compulsory

NMOGS Office Bearers

Dr Bindhu K S
President

Dr Vishwas Parulekar
Hon. Secretary

Dr Balasaheb Khadbade
Treasurer, NMOGS

For registration & Inquiry contact:

Ms. Purva Sawant (NMOGS office Secretary) : +91 81089 96840



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SCIENTIFIC PROGRAM

9.00 to 9.30 am Registration and Breakfast

Master of Ceremony: Dr Krutika Arunachalam

Convenor: Dr Jayanth Chilkund

SESSION -1

TIME	TOPICS	Speakers
9.30 - 9.40 am	INTRODUCTION & WELCOME ADDRESS	Dr Bindhu K S
9.40 - 10.10 am	Doctor's Dilemma- Ice Breaker Game Time Bank Challenge- Team Activity Chalk Balance- The Balance Challenge	Moderator: Mr Vidhu Sharma
10.10 - 10.40 am		
10.40 - 11.30 am		

11.30 - 11.40 am Tea Break

SESSION -2

11.40 - 12.30 pm	Inauguration & Change Over Ceremony Guest Of Honour: Mr Mohammed Sabir Shaikh Chief Guest: Mr Vidhu Sharma	
12.30 - 1.00 pm	Dr Shirish Daftary Oration Chairpersons: Dr Surekha Mude Dr Rahul Wani Topic: Resilience and Work Life Integration: Keys to Success	Mr Vidhu Sharma
1.00 - 1.40 pm	Panel Discussion: "Integration, Not Exhaustion" Best Practices From Senior Doctors Moderator: Dr Jayanth Chilkund	Panelists Dr Ram Chaddha Dr Shyam Shrivastava Dr Deepa Kala Dr Rituparna Ghosh
1.40 - 2.00 pm	My Integration Plan Exercise & Closing Remarks	Mr Vidhu Sharma
2.00 pm onwards	Vote of Thanks	Dr Vishwas Parulekar

LUNCH



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PAST PRESIDENTS



Dr. Pradeep Khopkar
Period : 2003-2004



Dr. Surekha Mude
Period : 2004-2005



Late Dr. Mandakini Parihar
Period : 2005 - 2007



Dr. Uday Thanawala
Period : 2007 - 2009



Dr. P.C. Jain
Period : 2009 - 2011



Dr. Sham Kulkarni
Period : 2011 - 2013



Dr. Bharati Morey
Period : 2013 - 2015



Dr. Anu Vij
Period : 2015 - 2017



Dr. Sucheta Kinjawadekar
Period : 2017 - 2019



Dr. Mini Nampoothiri
Period : 2019 - 2021



Dr. Rahul Wani
Period : 2021 - 2023





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OFFICE BEARERS 2025-2027



Dr Bindhu K S
President



Dr Santosh Jaybhaye
President Elect



Dr. Jyoti Bobe
Imm. Past President



Dr Vishwas Parulekar
Hon. Secretary



Dr Balasaheb Khadbade
Treasurer



Dr Sachin Lokhande
Jt Treasurer



Dr Deepa Kala
Clinical Secretary



Dr. Bandita Sinha
Vice President





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MANAGING COMMITTEE MEMBERS 2025-2027



Dr Sarika Mhatre



Dr Ankita Kaushal



Dr Krutika Arunachalam



Dr Priya Deshpande



Dr Neha Bothara



Dr Priya Khamatkar



Dr Hernaz Kaur Sahani



Dr Vaibhav Andhare





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INVITED FACULTIES

Guest Of Honour



Mr Mohammed Sabir Shaikh

Chief Guest



Mr Vidhu Sharma

Dr Shirish Daftary Oration : Chairpersons



Dr Surekha Mude



Dr Rahul Wani

Speakers , Moderators, Panelists



Dr Bindhu K S



Dr Jayanth Chilkund



Dr Ram Chaddha



Dr Shyam Shrivastava



Dr Deepa Kala



Dr Rituparna Ghosh



Dr Vishwas Parulekar

